

Transgender Health Care in Iceland (population: 376.248)

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From a One Man Band to a Multidisciplinary Team



Law on gender autonomy

12. article

The team at Landspítali on gender identity and changes to gender characteristics

There shall be a multidisciplinary team of experts on gender identity and changes of gender characteristics

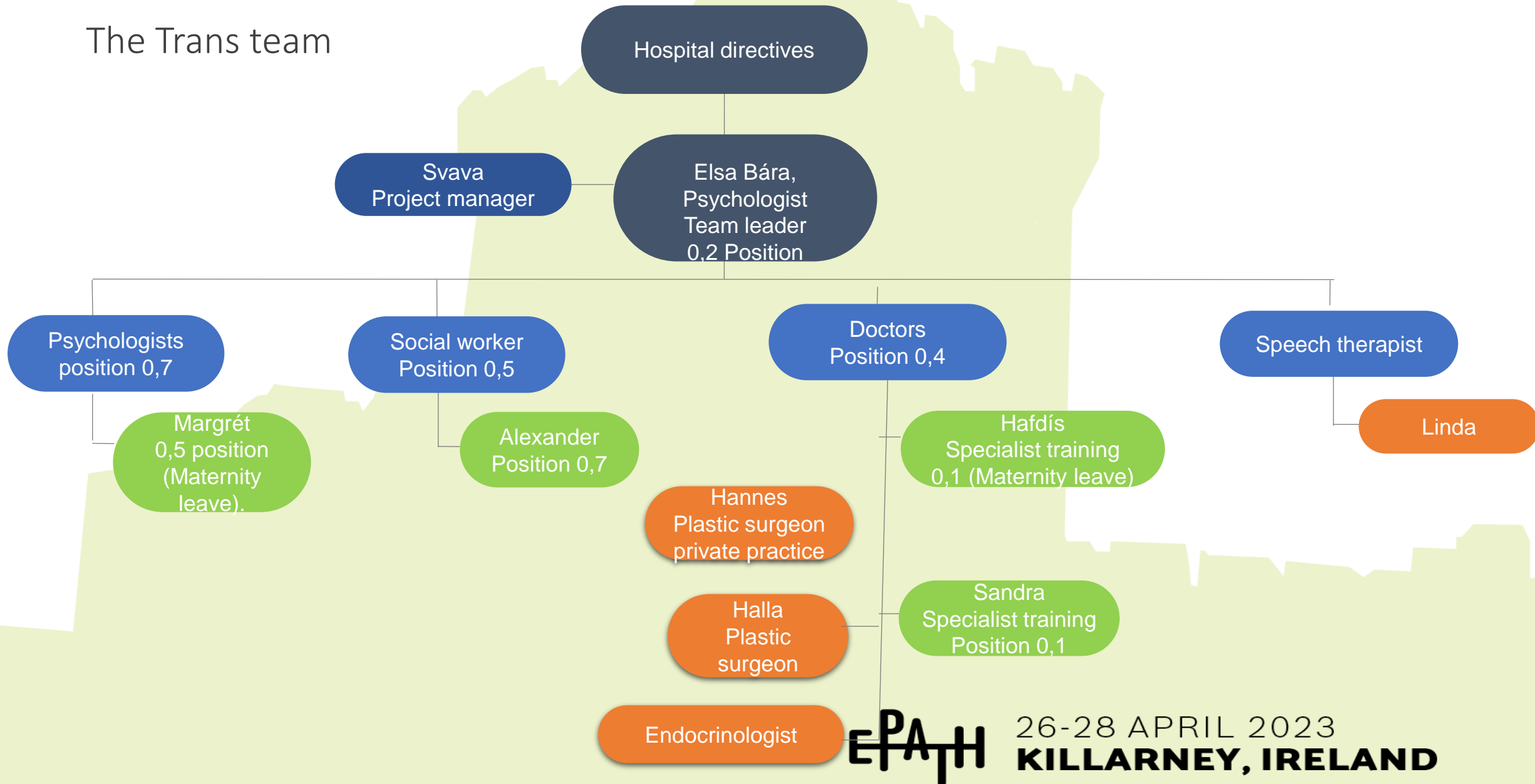
The team is to provide its clients 18 years and older, information, counselling and treatment according to individual needs. The team also provides information and counselling to its clients next of kin.

Law on gender autonomy

3. An individuals right to define their own gender:

- a. To define their own gender
- b. A recognition of their gender, gender identity and gender expression
- c. To develop their personality according to their gender identity
- d. Physical privacy and autonomy regarding changes to gender characteristics

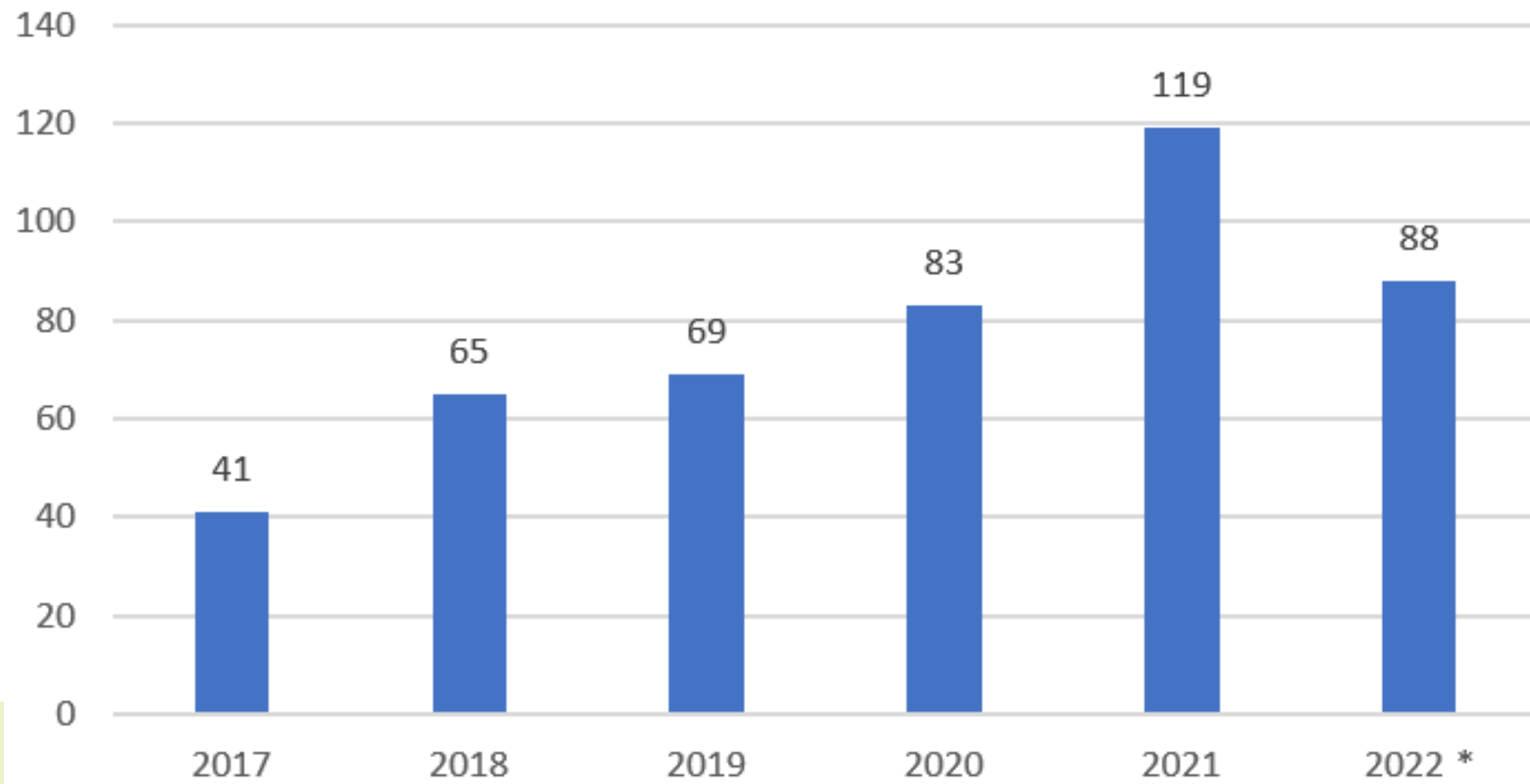
The Trans team



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Tilvísanir til transteymis



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Transgender Health Care Services Provided

- Assessment phase: Sessions with a psychologist, social worker and doctors to assess needs and expectations for treatment.

Referrals to:

Speech Therapy

Hormone Therapy

Mastectomy (Choice of private or public health care system)

Vasectomy / Hysterectomy

Shaving of Adams apple

Vaginoplasty / Phalloplasty



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Treatments partially or not covered by public health insurance:

- **Facial hair removal** (Lazer treatment) is only partially paid by public health insurance but only for women (official gender registration)
- **Breast Augmentation** (Available in private clinics at own expence)
- **Facial Feminization Surgery** (Not available in Iceland nor covered by public health insurance).

Hope for The Future

- A strong multidisciplinary team
- Fast access to Gender affirming health care of a high standard
- Continuing excellent cooperation with the LGBTQI+ organisation



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