



# A Year in Review Social and Political Sciences

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# Background



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# Positionality

- Relevance of reflexivity in Social and Political Sciences
- Own background



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# Background

- **Social and Political Sciences perspectives**
  - ✓ In trans studies
  - ✓ In EPATH
- **Contributions to trans health and health care**
  - ✓ Social situation, health and access to health care
  - ✓ Trans people from different social backgrounds
  - ✓ Frameworks and strategies for attending intersectional experiences
  - ✓ Non-pathologizing and human rights-based perspectives
  - ✓ Knowledge about nonbinary identities



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# Methods



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# Scoping Review - Articles: Methods

- **Data base:** Scopus
- **Subject area:** Social Sciences (SOCI)
- **Publication date:** September 2021 – December 2022
- **Publication format:** Article
- **Languages:** English, Spanish, French, Portuguese, German
- **Relevant topics** in the intersection between social aspects, health and health care
- **Keywords:**
  - ✓ (transgender OR trans) AND (health OR OR healthcare OR decision-making OR human AND rights OR depatholog\* OR pathologiz\* OR discrimination OR inequal\* OR inequit\* OR intersectional\* OR transphob\* OR child OR youth OR non-binary)
- **Limitations:** Only high ranking journals, mainly in English



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# Scoping review - Books: Methods

- **Data bases:**
  - ✓ Scopus, with the same keywords as papers
  - ✓ 5 highest ranking international editorials, according to Scientific Publishing Index (SPI)
    - Oxford University Press; Cambridge University Press; Routledge; Springer; Peter Lang
- **Publication format:** Books and book chapters
- **Publication date:** September 2021 – December 2022
- **Languages:** English, Spanish, French, Portuguese, German
- **Limitation:** Only publications in English indexed in Scopus or published by high ranking editorials



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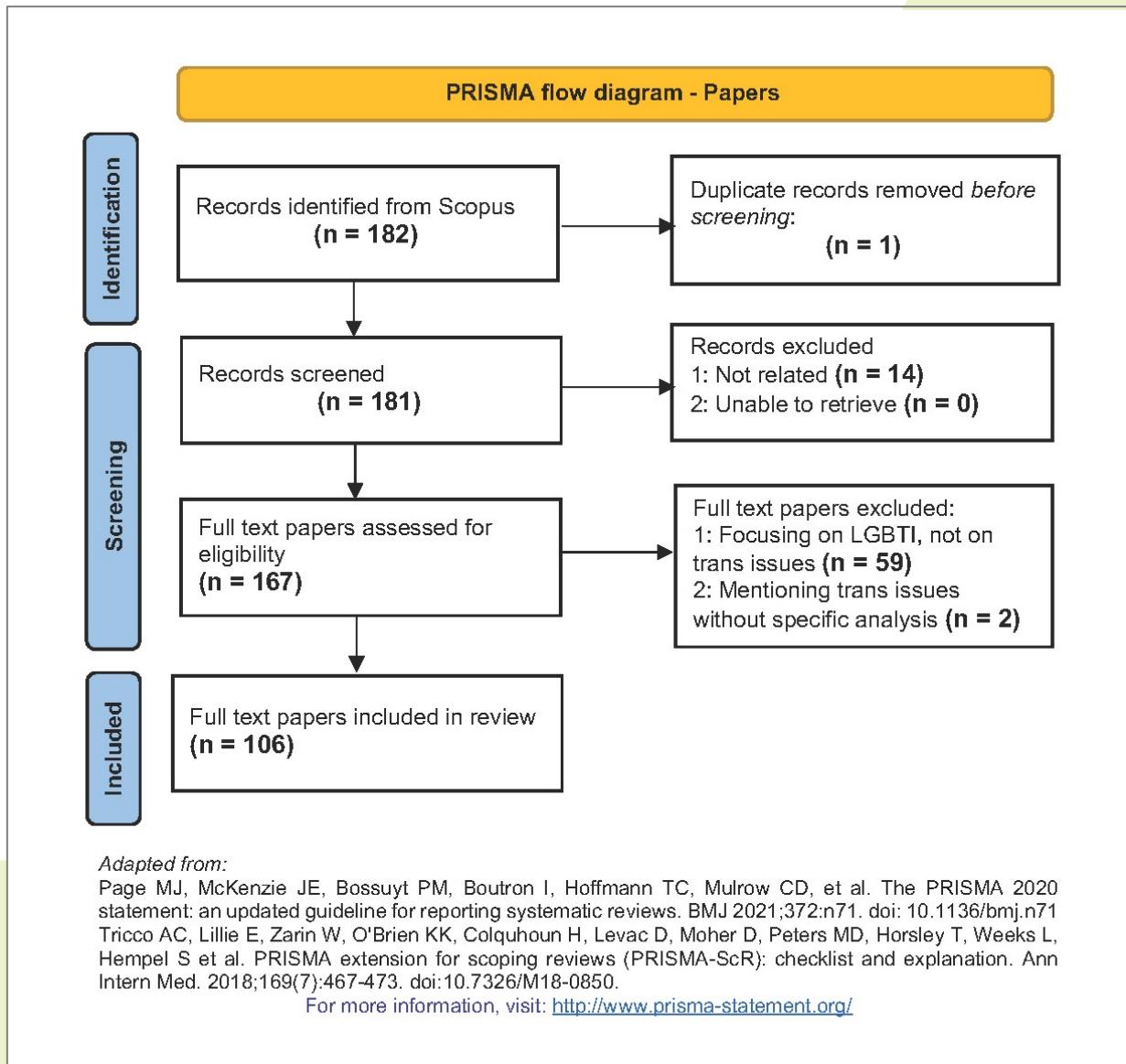


# Results



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# Scoping Review - Papers: Review

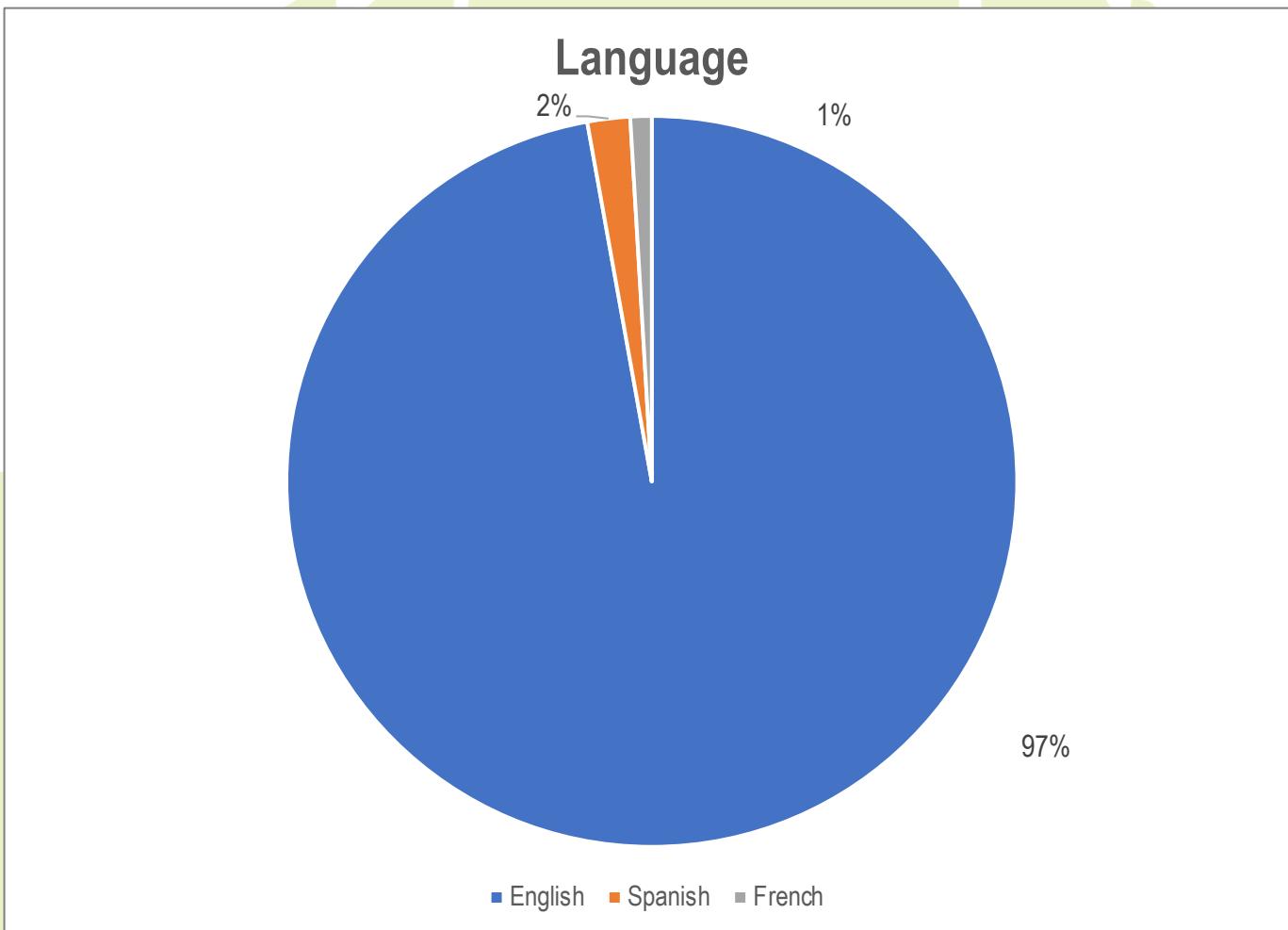


- 182 papers published between September 2021 – December 2022
- Exclusion criteria
  - ✓ Focusing on LGBTI, not on trans issues
  - ✓ Mentioning trans-related issues without specific analysis
- Finally reviewed papers: 106



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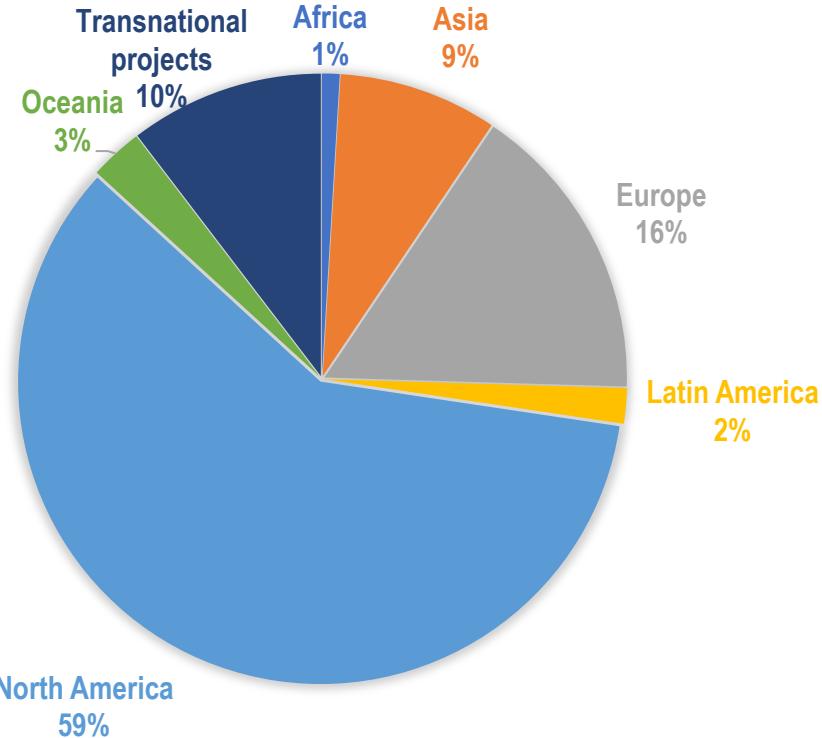
# Scoping Review - Papers: Language



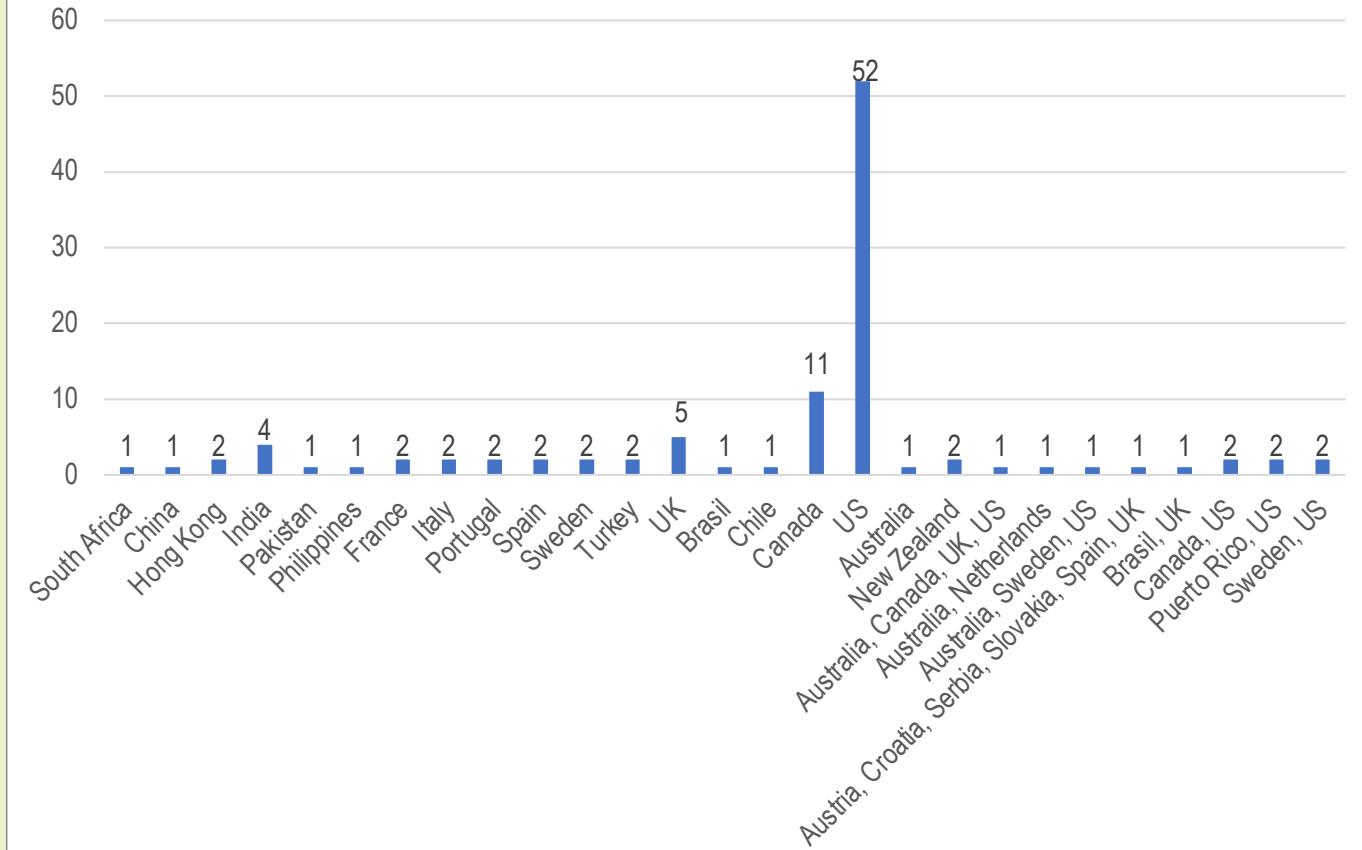
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# Scoping Review - Papers: Countries and world regions

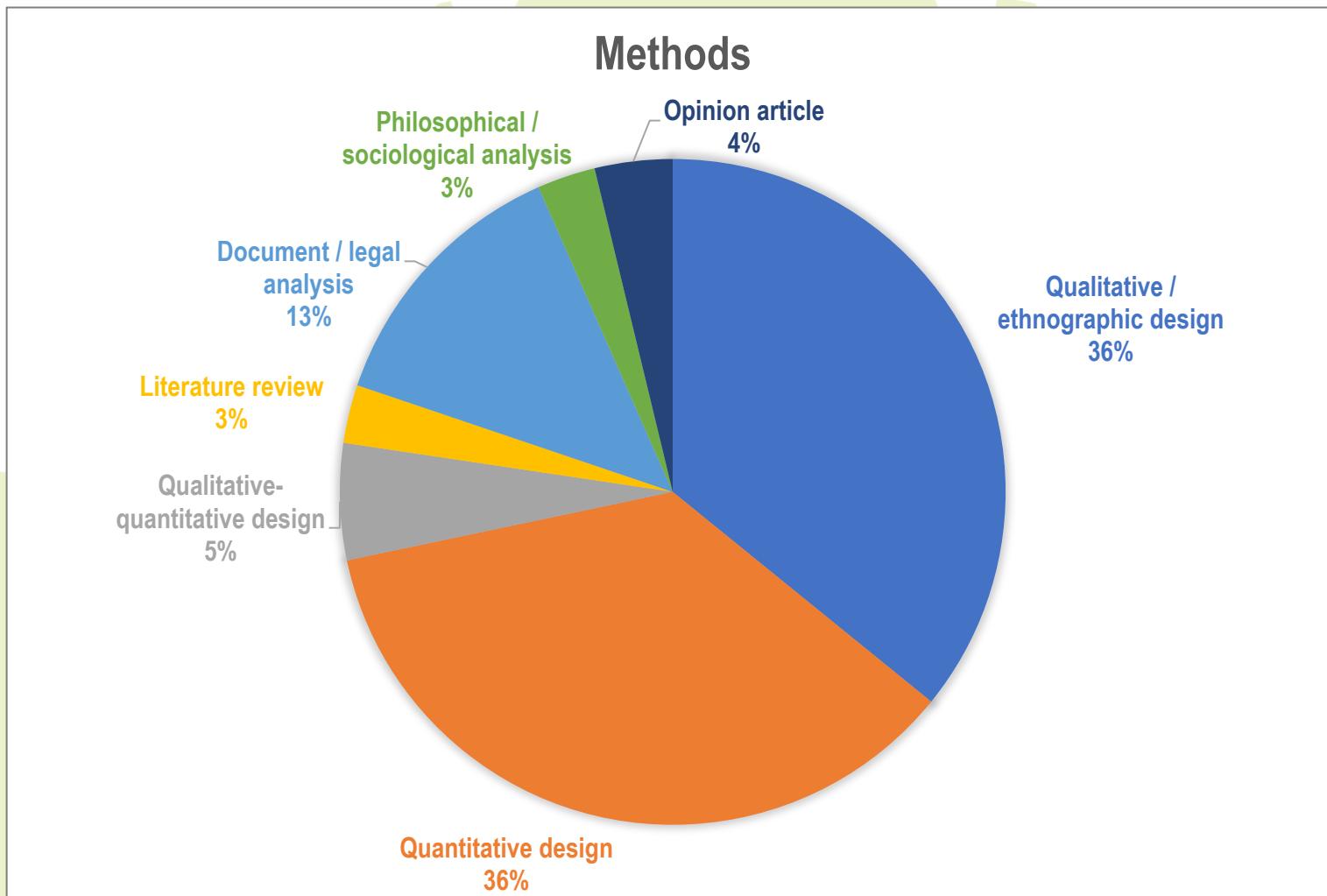
Reviewed papers by world regions



Reviewed papers by country



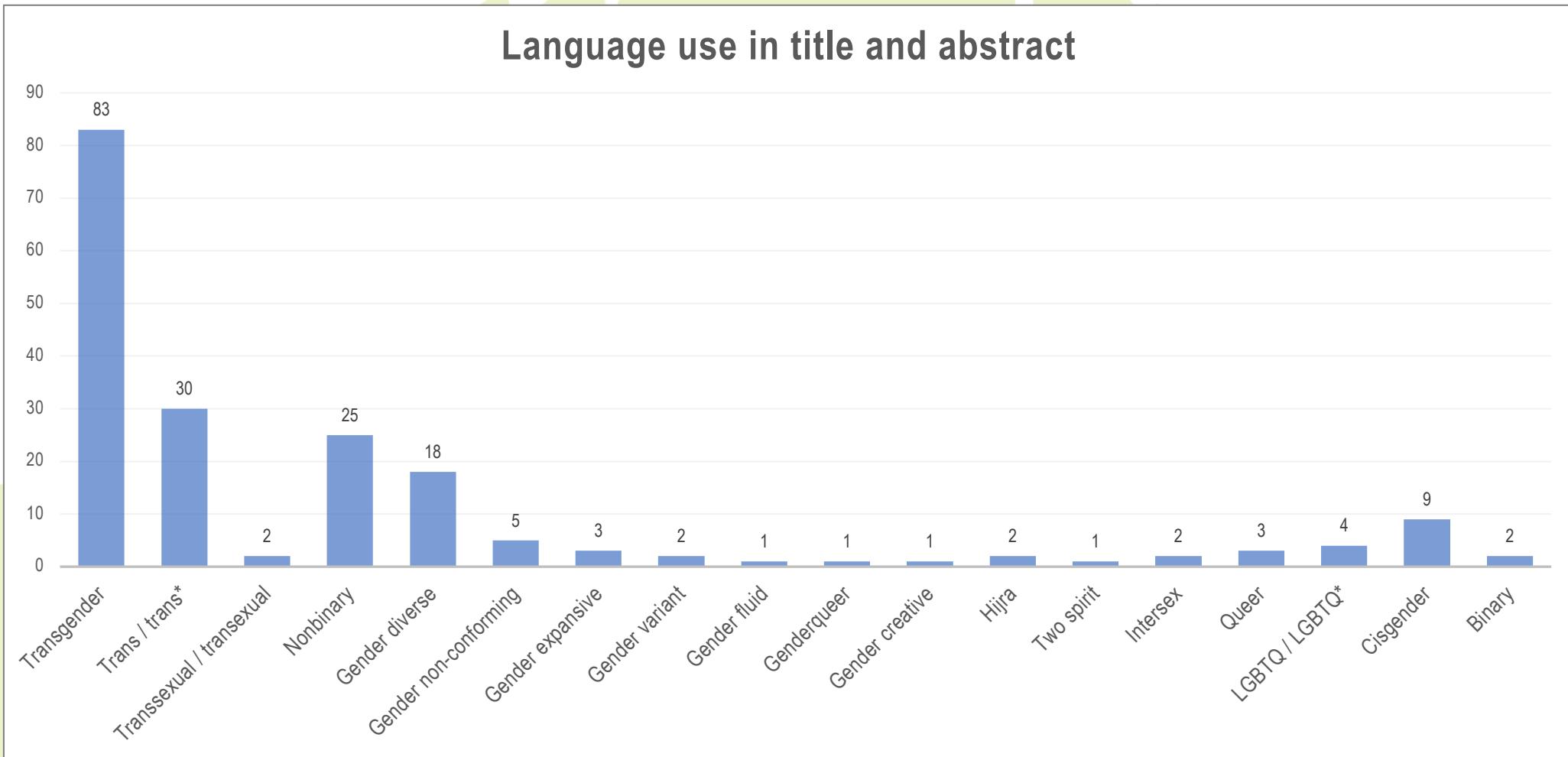
# Scoping Review - Papers: Methods



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# Scoping Review - Papers: Language use

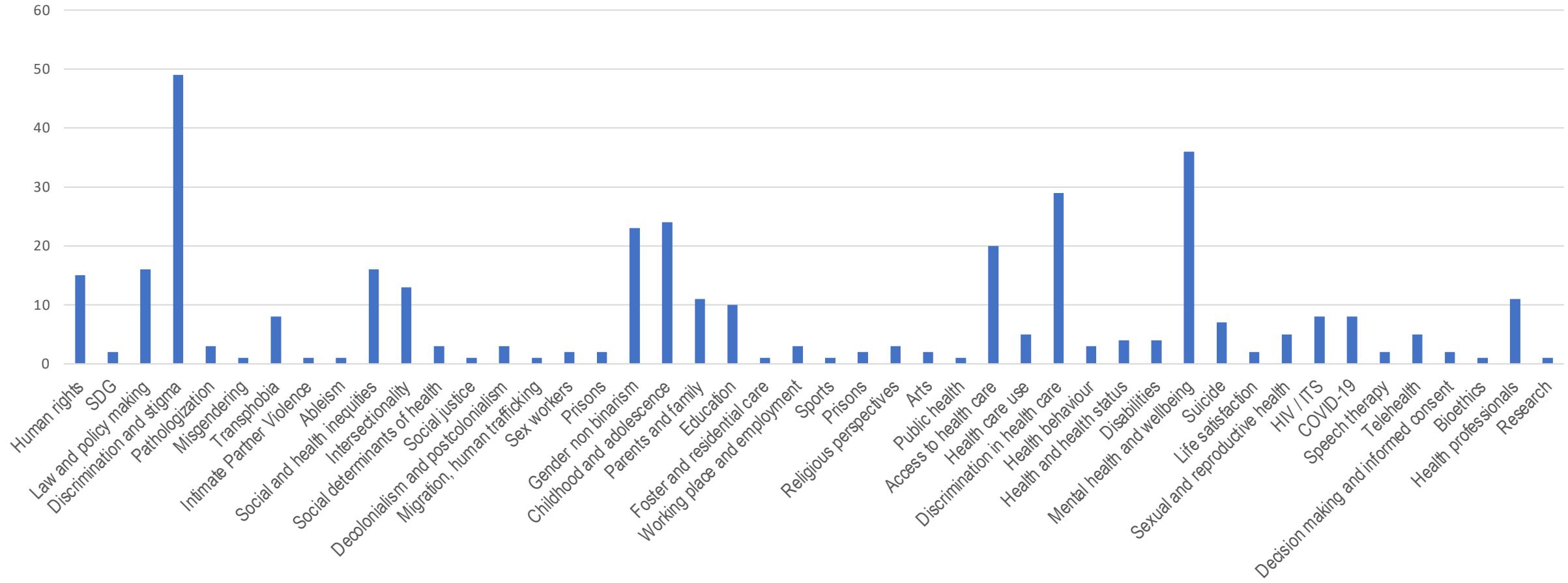
## Language use in title and abstract



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# Scoping Review - Papers: Topics

Topics



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# Scoping Review - Papers: Relevant topics

- **Relevant topics**
  - ✓ Discrimination and stigma
  - ✓ Social and health inequities, intersectionality and social determinants of health
  - ✓ Gender non binarism
  - ✓ Childhood and adolescence, parents and families
- **Contexts**
  - ✓ Health care
  - ✓ Education
  - ✓ Human rights, law and policy making
- **Recommendations**



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# Scoping review - Papers: Relevant topics: Discrimination and stigma

- Discrimination in health care, education, social services, work and law
- Structural and social forms of discrimination
- Dimensions of discrimination:
  - ✓ Cisgenderism, misgendering and ableism
  - ✓ Pathologization and mistreatment
  - ✓ Transphobic violence
- ✓ Risk factors and intersectional aspects
- ✓ Impact of discrimination and stigma on mental and physical health, wellbeing and quality of life

Abesamis 2022; Akslöv 2021; Azul et al. 2022; Baldino et al. 2022; Baril and Silverman 2022; Bindman et al. 2022; Bohnert et al. 2021; Bränström and Pachankis 2021; Caleros et al. 2022; Chan et Stewart 2022; Coburn et al 2022; Cooper et al. 2021; Cowan and Morris 2022; Cramer et al. 2022; Doan and Grace 2022; Dubin et al. 2021; Durcan et al. 2022; Goffnett et al. 2022; González, S. and Bernales 2022; Gorse et al. 2021; Hamnvik et al. 2022; Hughto et al. 2022; Igarashi et al. 2022; Jann et al. 2022; Jean-Pierre 2022; Jena 2022; Katz-Wise et al. 2022; Kett et al. 2022; Kirkland 2021; Lacombe-Duncan et al. 2021; 2022; Logie et al. 2022; Luz et al. 2022; Mann-Jackson et al. 2021; McMillian-Bohler et al. 2022; Mosley 2022; Newsom et al. 2022; Pullen Sansfaçon, Newhook, et al. 2022; Qereshi 2022; Russon et al. 2022; Sebring 2021; Seiler-Ramadas et al. 2022; She et al. 2022; Sotiros et al. 2022; Syiem and Kumar 2022; Tan et al. 2022; Trinh et al. 2022; Truszcynski et al. 2022; Valente et al. 2022; Van Hout 2022.



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# Scoping Review - Papers:

## Relevant topics: Social and health inequities, intersectionality and social determinants of health

- **Social and health inequities**

- ✓ Structural character
- ✓ Health disparities and inequities
- ✓ Inequalities in health care access
- ✓ Impact of intersectional aspects on health inequities

Bohnert et al. 2021; Dasgupta et al. 2021; Durcan et al. 2022; Hamnvik et al. 2022; Kett et al. 2022; Lacombe-Duncan et al. 2021, 2022; Lee et al. 2022; Lett et al. 2021; Mann-Jackson et al. 2021; Newsom, et al. 2022; Sebring 2021; Sotiros et al. 2022; Valente et al. 2022; Whitley et al. 2022; Zubizarreta et al. 2022.



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# Scoping Review - Papers:

## Relevant topics: Social and health inequities, intersectionality and social determinants of health

- **Intersectionality**

- ✓ Intersectional oppressions and forms of vulnerability
- ✓ Intersectional aspects: Racism, ableism, ageism, class-related inequities, migration status
- ✓ Intersections between discrimination, colonialization, capitalism and cisnormativity
- ✓ Intersectionality as future research priority
- ✓ Social justice-oriented changes

Abesamis 2022; Crowe et al. 2021; Doan and Grace 2022; Gorse et al. 2021; Lacombe-Duncan et al. 2022; Lett, Abrams, Gold et al. 2022; Lett, Abrams, Moberg, et al. 2022; Park et al. 2022; Pullen Sansfaçon, Newhook, et al. 2022; Schinidle et al. 2022; Sebring 2021; Wagner et al. 2022; Zubizarreta et al. 2022.



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# Scoping Review - Papers:

## Relevant topics: Social and health inequities, intersectionality and social determinants of health

- **Social determinants of health**
  - ✓ Impact of social determinants of health on access to health care and health
  - ✓ Trans experience as a social determinant of health



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# Scoping Review - Papers

## Relevant topics: Gender non binarism

- Discrimination experiences of nonbinary people in health care, education and foster care
- Trans and gender diverse youth
- Binary conceptualizations in human rights discourses and legislation
- Gender binarism in quantitative research

Apple et al. 2022; Bindman et al. 2022; Chan and Stewart 2022; Coburn et al. 2022; Crowe et al. 2021; Duffy 2021; Garthe 2022; Gato and Fonseca 2022; Goffnett et al. 2022; Hope and Lilley 2022; Katz-Wise et al. 2022; Kett et al. 2022; Kirkland et al. 2021; Marinho et al. 2021; Mirabella et al. 2022; Newsom et al. 2022; Quinan and Hunt 2022; Rubano 2022; Schaub et al. Amets Suess Schwend, 2023 2022; Sitter et al. 2022; Trinh et al. 2022; Truszczyński et al. 2022; Valente et al. 2022.



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# Scoping Review - Papers:

## Relevant topics: Childhood and adolescence, parents and families

- **Trans / gender diverse children and adolescents**
  - ✓ Impact of discrimination, bullying and misgendering on school outcomes, mental health and suicide risks
  - ✓ Mental health of young trans people who are well supported
- ✓ **Parents and families**
  - ✓ Parents and other family members of trans / gender diverse minors: Secondary stigma and needs
  - ✓ Mental health and wellbeing of trans parents

Airton et al. 2022; Apple et al. 2022; Chan and Stewart 2022; Feijo et al. 2022; Garthe et al. 2022; Gato and Fonseca 2022; Goffnett et al. 2022; Gorse et al. 2021; Hedrick et al. 2022; Jowett 2022; Katz-Wise et al. 2022; Lee et al. 2022; Lorusso y Albanesi 2021; Mann-Jackson et al. 2021; Marinho et al. 2021; Middleton 2021; Mirabella et al. 2022; Park et al. 2022; Parodi et al. 2022; Pullen Sansfaçon, Medico, et al. 2022; Pullen Sansfaçon, Newhook, et al. 2022; Rubano 2022; Russon 2022; Saya et al. 2021; Sarton 2022; Sava 2021; Schaub et al. 2022; Simon et al. 2022; Toman 2021; Wagner et al. 2022; Whitley et al. 2022; Zhang et al. 2022;



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# Scoping Review - Papers: Contexts: Health and health care

- **Access to health care**

- ✓ Interpersonal and structural barriers
- ✓ Discrimination, stigma, cisnormativity, transphobia, lack of specific training
- ✓ Legal and insurance-related barriers
- ✓ Inequities in health care access during COVID-19

Abesamis 2022; Baldino et al. 2022; Doan and Grace 2022; Hamnvik et al. 2022; Hedrick et al. 2022; Howett 2022; Kirkland et al. 2021; Lacombe-Duncan et al. 2021; Lett, Abrams, Gold et al. 2022; Lett et al. 2021; Mirabella et al. 2022; Pandya and Redcay 2022; Pilgrim 2022; Pullen Sansfaçon, Medico et al. 2022; Sarton 2022; sebring 2021; Shin-Kim et al. 2021; Shires et al. 2022; Tan et al. 2022; Thompson-Blum et al. 2021.



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# Scoping Review - Papers: Contexts: Health and health care

## • Discrimination in health care

### ✓ Experiences of discrimination in general health care and trans health care

- Misgendering and pathologization
- Lack of trans-friendly providers
- Lack of information and psychosocial support
- Difficulties in modifying personal data in health records
- Denial of health care

Abesamis 2022; Airton et al. 2022; Akslöv 2021; Apple et al. 2022; Azul et al. 2022; Baldino et al. 2022; Baril and Silverman 2022; Bindman et al. 2022; Bohnert et al. 2021; Calleros et al. 2022; Chan and Stewart 2022; Coburn et al. 2022; Cooper et al. 2021; Cramer et al. 2022; Doan and Grace 2022; Durcan et al. 2022 ; Feijo et al. 2022; Garthe et al. 2022; Gato and Fonseca 2022; Goffnett et al. 2022; González, S. and Bernales 2022; Gorse et al. 2021; Hamnvik et al. 2022; Hedrick et al. 2022; Jann et al. 2022; Jean-Pierre 2022; Jowett 2022; Katz-Wise et al. 2022; Kett et al. 2022; Kirkland 2021; Lacombe-Duncan et al. 2021, 2022; Lee et al. 2022; Lorusso and Albanesi 2021; Mann-Jackson et al. 2021; Marinho et al. 2021; McMillian-Bohler et al. 2022; Middelton 2021; Mirabella et al. 2022; Newsom et al. 2022; Park et al. 2022; Parodi et al. 2022; Pullen Sansfaçon, Medico, et al. 2022; Pullen Sansfaçon, Newhook et al. 2022; Rubano 2022; Russon 2022; Saya et al. 2021; Sarton 2022; Sava 2021; Schaub et al. 2022; Sebring 2021; She et al. 2022; Simon et al. 2022; Sotiros et al. 2022; Tan et al. 2022; Toman 2021; Wagner et al. 2022; Whitley et al. 2022; Zhang et al. 2022;

Zubizarreta et al. 2022.

### ✓ Consequences

- Health care delay or avoidance
- Identity concealment
- Risk of poorer health



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# Scoping Review - Papers: Contexts: Health and health care

- **Mental health and wellbeing**

- ✓ Minority stress due to discrimination, bullying and transphobia in different social contexts
- ✓ Other stressors: barriers in health care access, family rejection, anti-trans policies and laws
- ✓ Intersectional and socio-structural aspects
- ✓ Suicide risks and suicide prevention
- ✓ Factors contributing to wellbeing: recognition of gender identity, support from family or friends, being connected to the LGBT community, protection laws and policies

Mental health and wellbeing: Akslöv 2021; Avalos et al. 2022; Baleige et al. 2022; Baril and Silverman 2022; Chan and Stewart 2022; Coburn et al. 2022; Cramer et al. 2022; Crowe et al. 2021; Dasgupta et al. 2021; Franco et al. 2022; Garthe et al. 2022; Gorse et al. 2021; Igarashi et al. 2022; Jena 2022; Lacombe-Duncan et al. 2021; Lett, Abrams, Gold et al. 2022; Lett, Abrams, Moberg et al. 2022; Lett et al. 2021; Luz et al. 2022; Mirabella et al. 2022; Paceley et al. 2022; Park et al. 2022; Parodi et al. 2022; Peitzmeier et al. 2021; Pullen Sansfaçon, Medico et al. 2022; Rubano 2022; Russon et al. 2022; Sava et al. 2021; Schaub et al. 2022; She et al. 2022; Tan et al. 2022; Toman 2021; Trinh et al. 2022; Truszczynski et al. 2022; Valente et al. 2022.  
Sexual and reproductive health: Cooper et al. 2021; Gato and Fonseca 2022; Kett et al. 2022; Lacombe-Duncan et al. 2021, 2022; Lett et al. 2021; Logie et al. 2022; Mann-Jackson et al. 2021; Marinho et al. 2021; Mosley 2022; Qureshi 2022; Schindele et al. 2022.

- **Sexual and reproductive health**

- ✓ HIV/STI prevention
- ✓ Fertility preservation and parenthood
- ✓ Pregnancy in trans men and gender nonbinary people



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# Scoping Review - Papers: Contexts: Education

- **Discrimination experiences in schools**
  - ✓ Risk of poorer school outcomes and mental health issues
- **Strategies**
  - ✓ Contact with peer groups
  - ✓ Family support
  - ✓ Trained teachers and supportive principals
  - ✓ Safe spaces
  - ✓ Legal protection



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Airton et al. 2022; Chan and Stewart 2022; Feijo et al. 2022; Goffnett et al. 2022; Gorse et al. 2021; Middleton 2021; Parodi et al. 2022; Sava et al. 2021; Simon et al. 2022; Whitley et al. 2022.

# Scoping Review - Papers: Contexts: Human rights, law and policy making

- **Human rights perspectives**

- ✓ International human rights law
  - United Nations and European bodies
  - Advancements and barriers for application in national legislations and policy making
- ✓ ICD-11
- ✓ Human rights-based health care approaches

- **Law and policy making**

- ✓ Legislation on legal gender recognition, anti-discrimination, trans health care, medical errors and bathroom use
- ✓ Anti-discrimination policies in schools, working places and prisons
- ✓ Anti-gender laws and policies

Airton et al. 2022; Baleige et al. 2022; Cowan and Morris 2022; Duffy 2021; González, C.P. 2021; Jena 2022; Johnston et al. 2022; Madson 2022a, 2022b; Mann-Jackson et al. 2021; Pandya and Redcay 2022; Qureshi 2022; Romboli 2022; Sunata et al. 2022; Syiem and Kumar 2022; Van Hout 2022.



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# Scoping Review - Papers: Recommendations

## Health care practices

- Respectful, trans-affirmative, non-pathologizing, culturally responsive, people-centered, human rights-based and trauma-informed trans and general health care
- Question about preferred name and pronouns
- Nonbinary inclusive forms and health records
- Informed decision making
- Intersectional aspects
- Information and psychosocial support
- Contact to support groups and community networks

Apple et al. 2022; Azul et al. 2022; Baleige et al. 2022; Baril and Silverman 2022; Bindman et al. 2022; Bohnert et al. 2021; Bindman et al. 2022; Coburn et al. 2022; Cooper et al. 2021; Cramer et al. 2022; Dasgupta et al. 2021; Franco et al. 2022; Garthe et al. 2022; Gato and Fonseca 2022; González, S. and Bernales 2022; Hedrick et al. 2022; Igarashi et al. 2022; Jena 2022; Katz-Wise et al. 2022; Lacombe-Duncan et al. 2021; Lee et al. 2022; Lett, Abrams, Gold, et al. 2022; Lett, Abrams, Moberg, et al. 2022; Logie et al. 2022; Lorusso and Albanesi 2021; Mann-Jackson et al. 2021; Marinho et al. 2021; Park et al. 2022; Parodi et al. 2022; Peitzmeier et al. 2021; Pullen Sansfaçon, Medico, et al. 2022; Russon et al. 2022; Sava et al. 2022; She et al. 2022; Sitter et al. 2022; Tan et al. 2022; Amets Suess Schwend, 2023 Thompson-Blum et al. 2021; Trinh et al. 2022; Valente et al. 2022; Zubizarreta et al. 2022.



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# Scoping Review - Papers: Recommendations

## Educational sector

- Recognition of trans / nonbinary people in the classroom
- Sexual education
- Safe spaces and bathrooms in schools
- Suicide prevention programmes
- LGBT organizations in schools

## Training and research

- Training for professionals working in the health care, educational and legal sector
- Training focused on anti-discrimination, gender diversity in childhood and adolescence and gender non binarism
- Research on health care practices, intersectional aspects and gender non binarism
- Participation of trans people in training and research

Educational sector: Airton et al. 2022; Chan and Stewart 2022; Goffnett et al. 2022; Parodi et al. 2022; Sava et al. 2021; Schaub et al. 2022.

Professional training and research: Bindman et al. 2022; Bohnert et al. 2021; Calleros et al. 2022; Crowe et al. 2021; Feijo et al. 2022; Franco et al. 2022; Garthe et al. 2022; González, S. and Bernales 2022; Lacombe-Duncan et al. 2022; Lett, Abrams, Gold, et al. 2022; Logie et al. 2022; Mann-Jackson et al. 2021; McKay et al. 2022; McMillian-Bohler et al. 2022; Newsom et al. 2022; Schaub et al. 2022.



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# Scoping Review - Papers: Recommendations

## Law and policy making

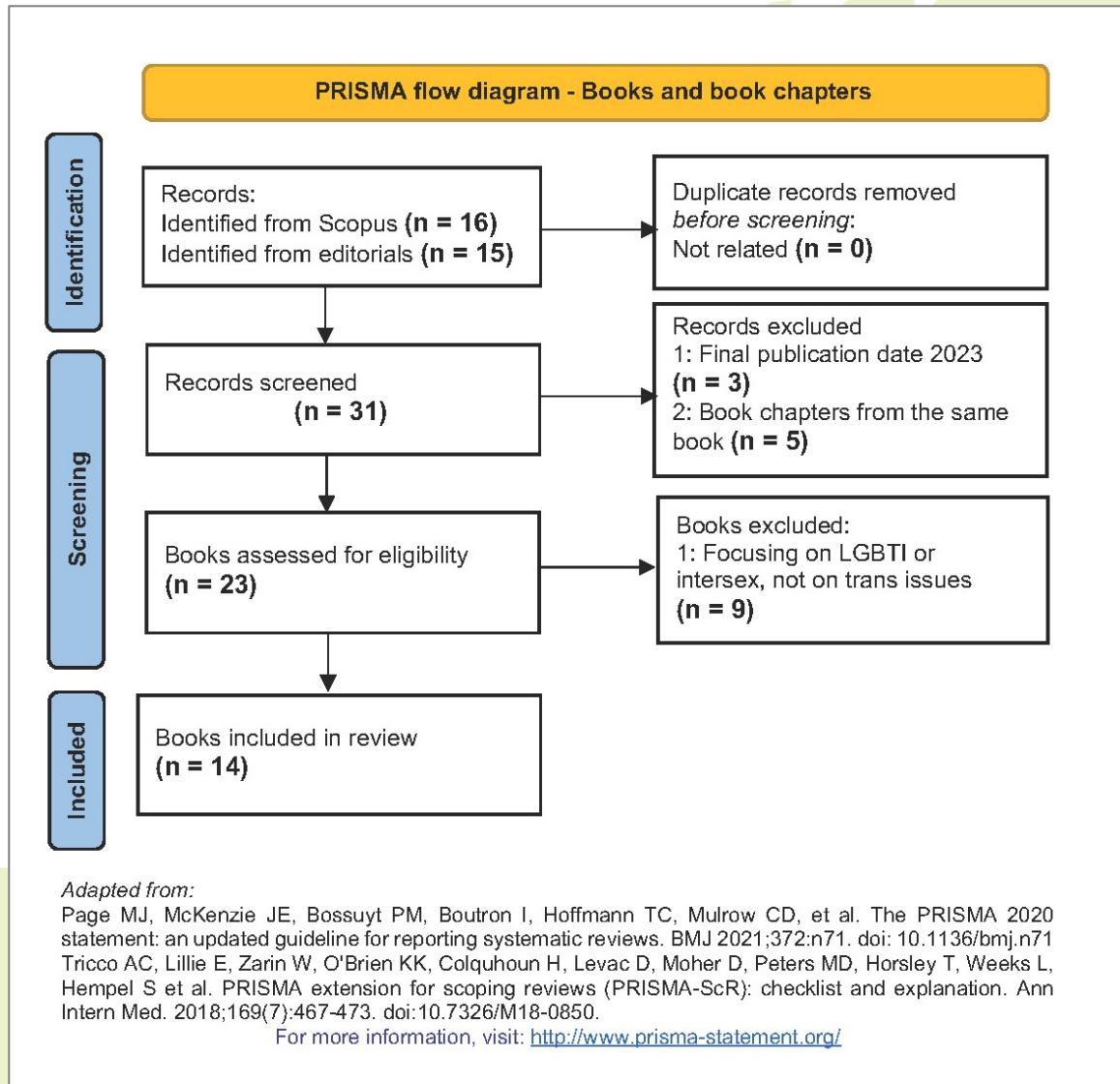
- Broader legal and political changes
- International human rights framework
- Anti-discrimination laws and policies
- Inclusion of gender non binarism in UN discourses, law and policy making
- Intersectional approaches
- Participation of trans communities in policy development

Airton et al. 2022; Bohnert et al. 2021; Bränström and Pachankis 2021; Calleros et al. 2022; Cowan and Morris 2022; Dasgupta et al. 2021; Duffy 2021; Durcan et al. 2022; González, S. and Bernales 2022; Hughto et al. 2022; Igarashi et al. 2022; Jean-Pierre 2022; Jowett 2022; Lacombe-Duncan et al. 2022; Mann-Jackson et al. 2021; Paceley et al. 2022; Pandya and Redcay 2022; Parodi et al. 2022; Schaub et al. 2022; Seiler-Ramadas et al. 2022; Syiem and Kumar 2022; Truszcynski et al. 2022; Van Hout 2022; Zubizarreta et al. 2022.



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# Scoping Review - Books: Review



- 31 books and book chapters published between September 2021 – December 2022
- Records excluded for not related, chapters of the same book and final publication date 2023
- Exclusion criteria
  - ✓ Focusing on LGBTI or intersex, not on trans issues
- Finally reviewed books: 14



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# Scoping Review - Books: Review

- **Contexts**

- ✓ Areas: health care, education, families, sports, military, prisons
- ✓ Different world regions

- **Topics**

- ✓ Trans identities, experiences and communities
- ✓ Gender affirmative health care
- ✓ Gender non binarism
- ✓ Trans and nonbinary children and adolescents
- ✓ Media representations
- ✓ Inclusion of gender diversity in quantitative research

Baumle and Nordmarken, eds 2022; Darwin 2022; Doan and Johnston 2022; Garrett and Palkki 2021; Gilley and Masullo, eds. 2022; Erickson-Schroth, ed. 2022; Lemma 2022; Mauriello 2021; Oppliger 2022; Pérez Riedel, ed. 2021; Schiappa 2022; Stryker and Blackston 2022; Witcomb and Peel 2022; Yilmazer 2022.



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# Conclusions



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# Conclusions

- Consideration of social circumstances as a relevant aspect in trans health care
- Reflections and analyses contributed by Social and Political Sciences
- Discrimination experiences as a core topic
- Contribution of strategies from human rights frameworks, intersectional perspectives and social determinants of health approaches
- Relevance of facilitating a participation of trans people in training, research and policy making



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26-28 APRIL 2023  
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26-28 APRIL 2023  
**KILLARNEY, IRELAND**

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Thank you and questions

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