

# TRANS HEALTH MAP

## European Union



### Availability and accessibility of trans-specific healthcare

TGEU Trans Health Map shows the overall status of trans-specific healthcare in each EU member state based on information collected on 6 factors:

- (a) type of trans healthcare and coverage available in the country;
- (b) requirement for a psychiatric diagnosis before hormonal treatment or surgery;
- (c) waiting time for first appointment with a trans healthcare professional;
- (d) groups excluded or made to wait longer to access trans-specific healthcare;
- (e) youngest age for puberty blockers;
- (f) youngest age for hormones.

The map was created using a survey of country experts and an in-depth analysis of publicly-available documentation. One to three expert responses were received for each country. Experts were primarily activists and a small number were, instead or additionally, medical professionals.

