TRANSGENDER HEALTH-CARE IN

HUNGARY

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HUNGARY

- Population: about 10 million.
  - 4 university clinical centers
  - No multidisciplinary transgender health center

KISKUNHALAS

- Kiskunhalas is 50 kilometers away from University Of Szeged

- Our Hospital is a Teaching Hospital for University Of Szeged

- Hormonal treatment is partially or fully financed by insurance for those who had legal name change.

- Some surgeries was partially or fully financed by insurance for those who had legal recognition.

- Now legal recognition is not possible which means mainly private health options.

PAST LEGAL ISSUES

- Hungary never had proper and detailed legal background for transgender people.

- It was not determined who can request gender affirmation and modification of documents, what letters from different specialists are needed or who is responsible to check or supervise the validity.

PAST LEGAL ISSUES

- Although they had the chance to change their names and gender in their official documents since 2000, but it could be modified only until autumn in 2016.

- In 2016 ombudsman declared that legal recognition must be based on the person's identity and not the biological gender. It was stated that legal recognition is a legal issue and not a medical one.

PAST LEGAL ISSUES

- Hungary was requested to produce correct piece of law, but this has not been created yet.

- Until 2018 nobody could change their documents.

- From January 2018 to May 2018 they used the old law and facilitated modifications for some transgender people. And then they pause judgment.

LEGAL RECOGNITION TODAY

- 29th May 2020: a bill was rushed through and they introduced "natal gender" instead of "gender" in official documents, and this data can not be modified according to current law.

June 2021

- "Promoting homosexuality and gender change surgery to minors" is forbidden in Hungary. Advertisements that presents homosexuality and "gender change" (affirmative) operations are also to be banned for minors.

HUNGARY

- INCREASING NUMBERS
- IMPROVING TRANSGENDER CARE
- BETTER RESULTS
- COOPERATION WITH BELGRADE CENTER FOR GENITAL RECONSTRUCTIVE SURGERY

BELGRADE CENTER FOR GENITAL RECONSTRUCTIVE SURGERY
MIROSLAV DJORDJEVIC MD PHD

MULTIDISCIPLINARY APPROACH

- Teams for adults patients only!
- MENTAL HEALTH SPECIALIST TEAM
- ENDOCRINOLOGY TEAM
- GYNECOLOGY TEAM
- GENDER SURGEONS TEAM (including plastic surgeon, microvascular surgeon, laparoscopic surgeon, urologist, gynecologyst)

Coleman E et al. 7th version of WPATH Standards of Care. Int J T. 2011

HORMONAL TREATMENT

- We follow 173 patients under hormonal therapy in our institution

- 102 transfeminine clients

- 71 transmasculine clients

PRE-ASSESMENT

- General physical examination

- Urology/gynecology exam

- Broad laboratory testing including sex hormone panels, TSH, T3, T4, bone health markers, thrombosis genetics, thrombophilia panel, viral serology of hepatitis and HIV, +/- karyotype test

- DEXA

- Ultrasound (thyroid, abdomen, breast)

- Questionnaires (demography, quality of life, sexual life, discrimination, future prospectives etc)

GENDER AFFIRMATION SURGERY

Masculinization

- Breast removal
- Hysterectomy and adnexectomy
- Vaginectomy
- Metoidioplasty
- Urethral reconstruction
- Scrotoplasty
- Testicle prosthesis implantation

Feminization

- Breast augmentation
- Total penectomy
- Bilateral orchidectomy
- Penile inversion vaginoplasty (optional: rectosigmoid colon or peritoneal vaginoplasty)
- Urethroplasty
- Clitoroplasty
- Labioplasty

CONCLUSION

- Multidisciplinary approach of experienced team is a key of success

- Good cooperation – successful surgical treatment!

- Ultimate goal – complete professional medical care for transgenders

- Successful long-term outcome!

Challenges

New political scene means:

- -problems for young and adult LGBT people
  - problems for nonLGBT population (internalized homo- and transphobia and other global consequaences)
  -problems for the educational system
  -problems for medical practitioners, mental health specialists, social workers (fear of sanctions)