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“Contemporary Trans Health in  
Europe: Focus on Challenges and  
Improvements”

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Plenary Session

Transgender Health Care in Europe:

Kyrgyzstan

# An incredible breakthrough and new challenges for transadvocacy in Kyrgyzstan.

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**Kyrgyzstan**

# 10 years of Kyrgyz transadvocacy on 1 slide

**2007** – transpeople exists but there's no any assistance, obstacles for legal gender recognition because of juridical collision: necessity of the “certificate of established standard” in absence of that “standard”;

**2008** – first ally medical professionals;

**2009-2010** – working group under the Ministry of Health: protocol of psychiatric examination appeared;

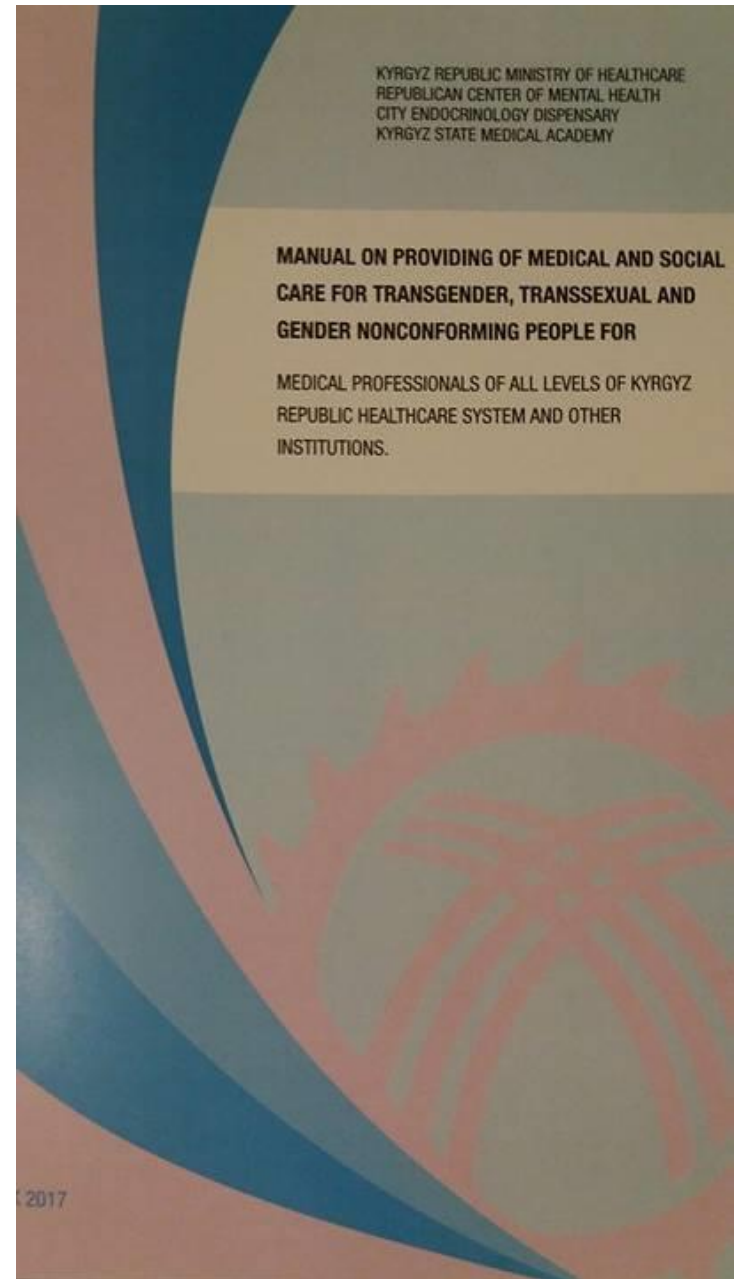
**2010** – the coup in Kyrgyzstan and stagnation in transadvocacy;

**2015** – transadvocacy: reloaded;

**2016** – new working group under the Ministry of Health...

January 18<sup>th</sup>, 2017

Kyrgyz Minister of Health signed a decree № 42 approving the “**Manual on providing of medical and social care for transgender, transsexual and gender nonconforming people for medical professionals of all levels of Kyrgyz Republic healthcare system and other institutions**”.



# Manual...

- Is based on WPATH Standards of Care, 7;
- Contains clinical protocol for mental health professionals and guidelines on hormone therapy ;
- Raises questions of care for transgender children and adolescents, reproductive health issues, retransition;
- Forms new professional vocabulary.

# Manual...

- Promotes medical and social assistance affirming gender identity;
- Protects people from requirements of surgical interventions;
- Protects people from unreasonable and expensive medical examinations;
- Contains the approved “certificate of established standard” necessary and sufficient for the legal gender recognition without additional requests.



Sanjar Kurmanov,  
trans \*activist,  
executive Director of the LGBT  
organization "Labrys".

"When I learned that the Manual were approved, I could not believe that this has finally happened here in Kyrgyzstan. I wanted to cry with happiness ... Trans\*people of my country will now be able to change their documents without any hindrances, and to live better and more secure lives! This is a huge breakthrough for the trans\*movement on the post-Soviet space!"



# New challenges...

- Manual is waiting for publication and practical implementation;
- Endocrinologists and other specialists need education;
- Political situation in general is unstable in the country;
- “Anti-LGBT” legislation is still waiting for the consideration in parliament;
- Any changes in authority are equal to changes in policies.

# Thanks to...

- Medical professionals, for enthusiasm;
- WPATH and EPATH, for materials and inspiration;
- Jamison Green, for support;
- Activists, for they are changing the world for better.